# AWESOME PLATE COMES WITH SALAD & SEASONAL FRUITS

#### CHICKEN PLATE

7.95



GRILLED FRESH CHICKEN
BASTED WITH OUR SAVORY
TERIYAKI SAUCE

WHITE MEAT PLATE

8.45

STEAK PLATE

8.95

CHICKEN & STEAK PLATE

8.95

DELICIOUS COMBINATION OF JUICY CHICKEN AND RIBEYE ROLL



SHRIMP PLATE
SALMON PLATE

9.55

9.95



PERFECTLY CHARBROILED SALMON WITH OUR HFT TERIYAKI SAUCE

**BROWN RICE** 

1.00

# FRESH SALAD

HFT SALAD

5.95



ROMAINE LETTUCE, CHERRY TOMATO, RED ONION, CUCUMBER, CARROTS, PURPLE CABBAGE, RAISINS, AND CHICKPEAS

CHICKEN SALAD

8.45

WHITE MEAT SALAD

8.90

CHARBROILED CHICKEN BREAST TOPPED WITH OUR SIGNATURE TERIYAKI SAUCE



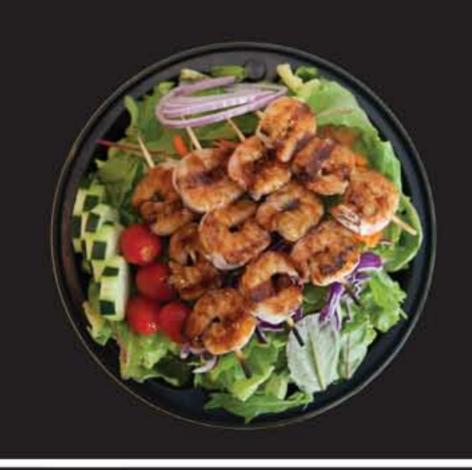
STEAK SALAD

9.45

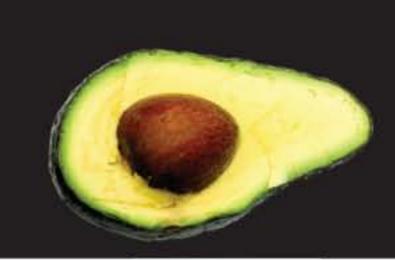
SHRIMP SALAD

9.45

**HEALTHY, FRESH, TASTY** 



SALMON SALAD AVOCADO



9.90

2.00

# SIGNATURE BOWL

CHICKEN BOWL

5.95

OUR ORIGINAL SIGNATURE BOWL



### WHITE MEAT BOWL

6.95

STEAK BOWL

7.55



RIB EYE ROLL MARINATED IN OUR SIGNATURE HFT SAUCE THEN GRILLED TO PERFECTION

CHICKEN & STEAK BOWL

7.55

SHRIMP BOWL

7.65

SALMON BOWL

7.95

EAT SMARTER, BE HEALTHIER



## BOWL WITH VEGGIES

CHICKEN VEGGIE BOWL

6.95



YOUR PARTNER FOR HEALTHIER EATING

WHITE MEAT VEGGIE BOWL

*1.*95

STEAK VEGGIE BOWL

**3.55** 

CHICKEN & STEAK VEGGIE BOWL

8.55

FOR YOUR SATISFACTION



SHRIMP VEGGIE BOWL

8.65



SALMON VEGGIE BOWL

<u>8.95</u>

VEGGIE BOWL

4.95